

# OPSM

## How to get your rules



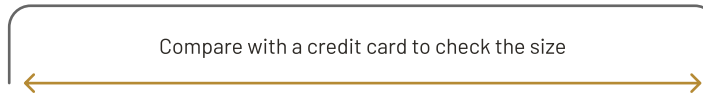
Print this page without scaling,  
at 100% or fit setting



Double check the scale, by placing  
your credit card in the below area



Fold the ruler along  
the dotted line



## Your measurements

PD	First measurement	Second measurement	Third measurement
Right Eye (OD)			
Left Eye (OS)			

